

MODIFIED COLONOSCOPY 2-DAY PREP

2 Days before colonoscopy:

- Clear liquids only. (NO SOLID FOOD)
- Drink 1 bottle of **Magnesium Citrate** (10 oz. - Clear) or if not available, use **Milk of Magnesia** (MOM) 4 tablespoons (60 cc).
- 1 hour after the **Magnesium Citrate** (or MOM), take 4 **Dulcolax (Bisacodyl)** 5 mg laxative tablets.

Make sure these are the Dulcolax laxative pills (Bisacodyl), not the stool softeners.

Starting the day before your procedure:

- Follow the separate prep instructions provided by the clinic for Suflave, Sutab, Golytely, or Miralax.